

Cornwall Schools cross Country Championships 2010

JUNIOR internationals Annabel Gummow and Conor Robinson took centre stage at the Cornwall Schools' Cross Country Championships held at Truro School.

On a perfect day for running the pair not only underlined their pre-eminence in the county but also reinforced their credentials as contenders for medals at both the South West Schools – which is also being staged on 'home' soil in Truro – and the English Schools' Championships in Manchester on March 20th.

"Cornwall Schools have a strong squad of athletes at the moment of which English Schools' internationals Annabel and Connor are the star performers and it will be great to see them in action at Truro School later this month," said county schools' team manager John Knowles. Gummow's victory was no surprise after the form the 16-year-old Penair School student has shown this winter and she not only dominated her rivals in the inter girls' race but also beat the best seniors as well as both age groups were run together.

"It was a good run-out after a heavy week of training and I enjoyed it," said Gummow, who finished third in the national championships last year.

"The school also won the team title which was nice and generally we did really well." Gummow led Penair School to a crushing team victory with Dulcie Atkinson third and Megan Davis fifth.

Redruth School's Robinson, who was English Schools' junior boys' champion in 2007, celebrated his recent 16th birthday with a powerful performance that left him 15 seconds clear of Liskeard's Dan Nash with Newquay Tretheras School's Hobie Martin third.

"It was a nice, controlled run by Conor and he looked pretty effortless," added Knowles.

Event hosts Truro School were delighted to have two winners, both of whom are coached by Knowles, with talented 12-year-old Oscar Holdsworth winning the junior boys' race and newcomer Francesca Waters lifting the minor girls' title.

Charlotte Cayton-Smith was the Cornwall and South West Schools' minor girls' champion in 2009 and looks intent of repeating her successes in 2010.

The 12-year-old Newquay Tretheras Schoolgirl was the class act in the junior girls' race finishing well clear of Yvonne Chart and Zoe Fisher.

Cayton-Smith also led Penair School to another team title on top of the inter girls' success and victory for the junior boys.

Truro College dominated the senior races, not only winning both team titles but providing the individual champions in Scottish junior fell runner James Waldie and Amy Rundle.

"Overall it was a very good day and there were some very strong performances which is encouraging for the South West Championships over the same course on February 27th," added Knowles.

“It is also worth noting that Truro School is also hosting the British Schools’ Championships this year (March 20th) and hopefully we may see some of our Cornish athletes in the England team.”

Cornwall Schools’ Cross Country Championships, Truro School

B=Bolitho; Bo=Bodmin; Ca=Callington; F=Fowey; H=Helston; HD=Humphry Davy; L=Liskeard; NT=Newquay Tretheras; S=Saltash; TC=Truro College; TH=Truro High; TS=Truro School; P=Penair; Pe=Penrice; Py=Penryn.

Senior Boys: 1 James Waldie (TC) 20:13; 2 Jacob Landers (S) 22:12; 3 Guy Hopson (B) 22:33; 4 Sam Harry (TC) 23:46; 5 Mark Budge (L) 24:36; 6 Alex Bowden (NT) 27:51.

Teams: 1 Truro College.

Inter Boys: 1 Conor Robinson (R) 19:43; 2 Dan Nash (L) 19:58; 3 Hobie Martin (NT) 20:49; 4 Callum Jones (H) 21:15; 5 Thomas Rawett (Py) 21:25; 6 Andrew Worden (H) 21:46.

Teams: 1 Helston 27; 2 Truro School 31; 3 Newquay Tretheras 31.

Junior boys: 1 Oscar Holdsworth (TS) 14:48; 2 Sam Heslop-George (F) 15:00; 3 Danny Old (T) 15:05; 4 Sam De Courtin Lane (Humphry Davy) 15:27; 6 Dan Davis (P) 15:31.

Teams: 1 Penair 41; 2 Truro School 84; 3 Callington 102.

Minor Boys: 1 Ben Rogers (P) 10:49; 2 Jacob Wilson (TS) 10:54; 3 Tom Rogers (L) 10:57; 4 Harry Clarke (P) 11:05; 5 Corey Crook (Bo) 11:08; 6 Curtis Pray (TS) 11:25.

Teams: 1 Truro School 26; 2 Penair 54; 3 Newquay Tretheras 67.

Senior Girls: 1 Amy Rundle (TC) 17:27; 2 Olivia Ballard (TC) 17:45; 3 Jennifer George (NT) 18:43; 4 Sam Hawken (NT) 20:40; 5 Eleanor Parkin (TC) 22:34.

Teams: 1 Truro College.

Inter Girls: 1 Annabel Gummow (P) 14:14; 2 Amy Sweet (Pe) 14:58; 3 Dulcie Atkinson (P) 16:37; 4 Olivia Connell (TS) 16:40; 5 Megan Davis (P) 16:58; 6 Alice Vage (P) 17:02.

Teams: 1 Penair School 9; 2 Penryn 28; 3 Truro School 28.

Junior Girls: 1 Charlotte Cayton-Smith (NT) 14:54; 2 Yvonne Chart (TS) 15:17; 3 Zoe Fisher (P) 15:20; 4 Danielle Holmes (F) 15:31; 5 Finlay Bray (P) 15:39; 6 Catherine Marston (P) 15:54.

Teams: 1 Penair School 23; 2 Truro School 42; 3 Newquay Tretheras 46.

Minor Girls: 1 Francesca Waters (TS) 8:34; 2 Harriett Lord (TH) 8:50; 3 Georgia Timson (NT) 8:52; 4 Amy Bernalick (Ca) 9:16; 5 Mia Trythall (B) 9:27; 6 Claudia Carlyon (Pe) 9:34.

Teams: 1 Newquay Tretherras 31; 2 Truro High School 59; 3 Truro School 60.